

# East Lothian Alcohol Profile

There are **307 places to buy alcohol** in East Lothian:

**213 on-sales premises**  
(pubs and restaurants)

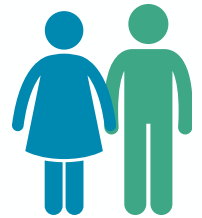


**94 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In East Lothian, **25% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **21% of women** and **31% of men**.



This compares to **23% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*

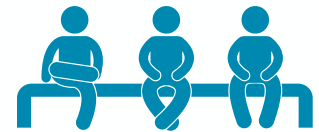


Parental drinking was a concern identified for **20% of children** on the child protection register in East Lothian.

*Children's Social Work Statistics 2021-22.*

**42% of 13-year-olds** and **73% of 15-year-olds** in East Lothian have drunk alcohol.

Of those who have ever drunk alcohol, **49% of 13-year-olds** and **64% of 15-year-olds** have been drunk.



*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*

There were **522 alcohol-related hospital admissions** in East Lothian in 2021-22.

*Alcohol related hospital statistics 2021-22.*

The admission rate was lower than for Scotland as a whole.

*ScotPho Profiles.*



In East Lothian, **19 people** died because of alcohol in 2022, from conditions solely caused by alcohol.

The death rate was lower than Scotland as a whole.

*Alcohol-specific deaths 2022.*



The **true number** of alcohol deaths is **over 3 times as high** when including conditions such as cancer and cardiovascular diseases.

*NHS Health Scotland.*

Every year, alcohol costs East Lothian **£26.77m** or **£275 per person**.

This includes:

Health service	£3.97m
Social care	£3.89m
Crime	£9.50m
Productive capacity	£9.42m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles](http://www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

Alcohol Focus Scotland is a Registered Scottish Charity (SC009538) and a Company Limited by Guarantee (Scottish Company No. SC094096)