

Highland Alcohol Profile

There are **1,244 places** to buy alcohol in Highland:

922 on-sales premises (pubs and restaurants)

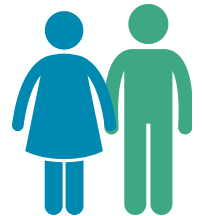


322 off-sales premises (supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Highland, **22% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **15% of women** and **30% of men**.



This compares to **23% of people** in Scotland who drink above the guidelines.

Scottish Health Survey.



Parental drinking was a concern identified for **24% of children** on the child protection register in Highland.

Children's Social Work Statistics 2021-22.

39% of 13-year-olds and **72% of 15-year-olds** in Highland have drunk alcohol.

Of those who have ever drunk alcohol, **52% of 13-year-olds** and **72% of 15-year-olds** have been drunk.



Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.

There were **1,413 alcohol-related hospital admissions** in Highland in 2021-22.

Alcohol related hospital statistics 2021-22.

The admission rate was lower than for Scotland as a whole.

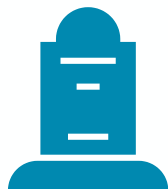
ScotPho Profiles.



In Highland, **66 people** died because of alcohol in 2022, from conditions solely caused by alcohol.

The death rate was similar to Scotland as a whole.

Alcohol-specific deaths 2022.



The **true number** of alcohol deaths is **over 3 times as high** when including conditions such as cancer and cardiovascular diseases.

NHS Health Scotland.

Every year, alcohol costs Highland **£84.85m** or **£383 per person**.

This includes:

Health service	£10.40m
Social care	£8.51m
Crime	£33.11m
Productive capacity	£32.83m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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