

# Midlothian Alcohol Profile

There are **223 places to buy alcohol** in Midlothian:

**132 on-sales premises**  
(pubs and restaurants)

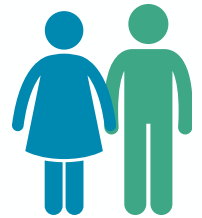


**91 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In Midlothian, **22% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **17% of women** and **27% of men**.



This compares to **23% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*

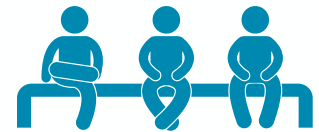


Parental drinking was a concern identified for **21% of children** on the child protection register in Midlothian.

*Children's Social Work Statistics 2021-22.*

**49% of 13-year-olds** and **75% of 15-year-olds** in Midlothian have drunk alcohol.

Of those who have ever drunk alcohol, **42% of 13-year-olds** and **64% of 15-year-olds** have been drunk.



*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*

There were **405 alcohol-related hospital admissions** in Midlothian in 2021-22.

*Alcohol related hospital statistics 2021-22.*

The admission rate was lower than for Scotland as a whole.

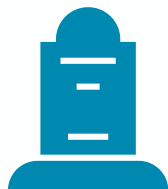
*ScotPho Profiles.*



In Midlothian, **17 people** died because of alcohol in 2022, from conditions solely caused by alcohol.

The death rate was similar to Scotland as a whole.

*Alcohol-specific deaths 2022.*



The **true number** of alcohol deaths is **over 3 times as high** when including conditions such as cancer and cardiovascular diseases.

*NHS Health Scotland.*

Every year, alcohol costs Midlothian **£27.14m** or **£335 per person**.

This includes:

Health service	£3.44m
Social care	£4.84m
Crime	£10.57m
Productive capacity	£8.28m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles](http://www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

Alcohol Focus Scotland is a Registered Scottish Charity (SC009538) and a Company Limited by Guarantee (Scottish Company No. SC094096)