

# Shetland Islands Alcohol Profile

October 2023

There are **147 places** to buy alcohol in the Shetland Islands:

**104 on-sales premises** (pubs and restaurants)

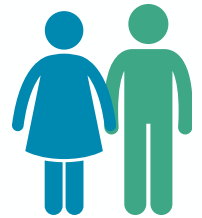


**43 off-sales premises** (supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In the Shetland Islands, **20% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **10% of women** and **29% of men**.



This compares to **23% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*



Parental drinking was a concern identified for **29% of children** on the child protection register in the Shetland Islands.

*Children's Social Work Statistics 2021-22.*

There were **102 alcohol-related hospital admissions** in the Shetland Islands in 2021-22.

*Alcohol related hospital statistics 2021-22.*

The admission rate was similar to Scotland as a whole.

*ScotPho Profiles.*



**60% of S2 and S4 students** in the Shetland Islands drink alcohol.

**34% of S2 and S4 students** in the Shetland Islands drink alcohol at least once a month.

*Health and Wellbeing Census Scotland 2021- 2022.*



In the Shetland Islands, **6 people** died because of alcohol in 2022, from conditions solely caused by alcohol.

The death rate was lower than Scotland as a whole.

*Alcohol-specific deaths 2022.*



The **true number** of alcohol deaths is **over 3 times as high** when including conditions such as cancer and cardiovascular diseases.

*NHS Health Scotland.*

Every year, alcohol costs the Shetland Islands **£8.84m** or **£395 per person**.

This includes:

Health service	£1.33m
Social care	£1.96m
Crime	£2.10m
Productive capacity	£3.45m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles](http://www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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