

## Drinking their lives away? Children, young people and alcohol

Friday 26<sup>th</sup> March 2010, Hilton Grosvenor Hotel, Glasgow

### registration form

Please complete in block capitals

Name \_\_\_\_\_

Position \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Special diet requests  
\_\_\_\_\_

How did you hear about the conference?  
\_\_\_\_\_

Please provide a contact name and address for the person to whom the invoice should be sent for payment. (Please provide an organisation address as we cannot accept a personal address for invoices).

Name \_\_\_\_\_

Position \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_  
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If you would prefer to pay by cheque please enclose a cheque/s for the appropriate amount made payable to 'The University of Glasgow' and send to:

**Carolyn Fraser**, CPD Manager  
Queen Mother's Hospital, Glasgow G3 8SJ  
Tel +44 (0)141 201 9353 / 0825/ 9264  
Fax +44 (0)141 201 0674



#### FORTHCOMING CONFERENCES 2010

**Children's mental health**, Thursday 6<sup>th</sup> May 2010

**Suicidal young people: reducing the risk**, Friday 4<sup>th</sup> June 2010

**Down's syndrome and health**, Tuesday 8<sup>th</sup> June 2010

For further information on our conferences go to:  
[www.gla.ac.uk/departments/developmental/cpd/newcourses](http://www.gla.ac.uk/departments/developmental/cpd/newcourses)  
or phone 0141 201 0674/9353

The personal data that you supply during the registration for this conference on Drinking their lives away? Children, young people and alcohol will be entered into a database and used by the University of Glasgow or its agents to manage your registration for, and attendance at, the event. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the conference. The personal data in the database will be retained by the University, unless requested in writing to the Conference Organiser, and may be used in future to inform you about other appropriate services and events that may be organised by or in conjunction with, the University.

**Cancellation policy:** Cancellations will only be accepted in writing. A refund, less an administration charge of £25.00 will be given to all cancellations received before Friday 26<sup>th</sup> February 2010. Thereafter the full fee is payable, regardless if the delegate attends or not. Substitutions can be made at anytime. The organisers reserve the right to change the speakers and venue as required. When we receive your registration for this conference by post, fax, online or telephone we take this as a confirmed booking.

The University of Glasgow Charity Number SC004401



University of Glasgow | Faculty of Medicine

# Drinking their lives away? Children, young people and alcohol

A one day conference  
Friday 26<sup>th</sup> March 2010  
Hilton Grosvenor Hotel  
Glasgow

#### 5 great reasons to attend

- Learn from leading experts
- Share best practice
- Hear about new Scottish initiatives
- Explore effective interventions
- Debate the best way to challenge this problem

To register...

Telephone  
+44 (0)141 201 9353 / 0825/9264

Fax  
+44 (0)141 201 0674

By Post

Online  
[www.gla.ac.uk/departments/developmental/cpd/newcourses](http://www.gla.ac.uk/departments/developmental/cpd/newcourses)

Conference partner:



More than 10,000 children end up in hospital every year due to drinking and research tells us that 15% of young people think that it is normal to get drunk once a week. In addition, it is estimated that almost 1 million children live with an alcohol-dependent parent in the UK today, impacting on all areas of their lives and potentially encouraging social and behavioural issues.

Our expert speakers will provide you with knowledge updates, best practice and information on initiatives throughout Scotland and the UK.

This conference should be of interest to a wide range of professionals including those from education, social care and health settings, police, community safety teams, drugs and alcohol teams, local authorities, youth offending teams, probation officers, academics and anyone with an interest in this area.

## Conference details

### Date

Friday 26<sup>th</sup> March 2010

### Venue

Hilton Grosvenor Hotel, 1-9 Grosvenor Terrace, Glasgow, G12 0TA. Tel: +44 (0)141 339 8811 Fax: +44 (0)141 334 0710

### Time

The conference will start promptly at 10.00am and finish at approximately 4.15pm. Registration will be open from 9.15 - 10.00 am.

### Registration cost

**£197 including lunch and refreshments**

### Registration

To register for this conference, please complete the registration form on the back of the leaflet, detach and return no later than Wednesday 17<sup>th</sup> March 2010. It is advisable to return the form ASAP as places are restricted. Further information will be sent to each delegate on receipt of the completed registration form.

### Accommodation

Glasgow has a wide range of accommodation to suit every budget. For further information and ideas please visit: [www.seeglasgow.com](http://www.seeglasgow.com)

### Certificate of attendance

All delegates will receive a Certificate of Attendance from the University of Glasgow.

## Programme

- 9.15 - 10.00 **Registration and refreshments on arrival**
- 10.00 - 10.05 **Introduction from the chair**  
**Joy Barlow**, Head of STRADA, University of Glasgow
- 10.05 - 10.30 **Setting the scene**  
*Current trends and use, policy, what's happening in Scotland and implications for those working with children and young people*  
**Dr Harry Burns**, Chief Medical Officer, Scotland, Scottish Government
- 10.30 - 10.35 **Questions**
- 10.35 - 11.00 **Why do young people drink?**  
*What can we do about it? The role of alcohol in young people lives*  
**Professor Mark Bellis**, Director, Centre for Public Health, Liverpool John Moores University
- 11.00 - 11.10 **Questions and discussion**
- 11.10 - 11.35 **Refreshment break**
- 11.35 - 12.00 **ABC strategy – the continuum**  
*An overview of new programmes that have been developed to meet the needs of children and young people aged 3 – 16 that can be delivered in a variety of settings*  
**Jane Wilson**, Training and Development Officer, Alcohol Focus Scotland
- 12.00 - 12.05 **Questions**
- 12.05 - 12.30 **Understanding problematic teenage drinking... at least 6 years of trying**  
*A case study from Northern Ireland looking at good practice – school based interventions and personality / psychosocial issues*  
**Michael McKay**, Coordinator, SHAHRP Project, Lisburn YMCA / University of Liverpool
- 12.30 - 12.40 **Discussion and questions**
- 12.40 - 1.40 **Lunch**
- 1.40 - 1.45 **Introduction from the afternoon chair**  
**Barbara O'Donnell**, Director of Services, Alcohol Focus Scotland
- 1.45 - 2.10 **Safeguarding our children – alcohol and families**  
*Considering the psychological impact and safety of children who live with an alcohol - dependant parent. How can educators of children, social workers and mental health professionals help in this situation?*  
**Joyce Nicholson**, University Teacher, STRADA, University of Glasgow
- 2.10 - 2.15 **Questions**
- 2.15 - 2.40 **Health effects of drinking alcohol?**  
*Effect on learning, behaviour and health, the long term effects*  
*How much is sensible to drink without damaging health and development?*  
**Dr Laurence Gruer OBE**, Director of Public Health Science, NHS Health Scotland
- 2.40 - 2.45 **Questions**
- 2.45 - 3.10 **Alcohol misuse, sexual health and teenage pregnancy**  
**Dr Mary Hepburn**, Consultant Obstetrician and Gynaecologist, Glasgow Women's Reproductive Health Service, Glasgow Royal Infirmary
- 3.10 - 3.25 **Refresh yourself - fruit juice break**
- 3.25 - 4.10 **Debate and discussion session: Teenage binge drinking – what can we do?**  
*Drink producers: part of the problem or solution?*  
**Michael Thompson**, Head of Communications and External Affairs, The Portman Group  
*Community Policing perspective*  
**Constable Jennifer Samson**, Community Policing Team, Strathclyde Police
- 4.10 - 4.15 **Closing remarks from the chair**
- 4.15 **Approximate close**

