

# Na h-Eileanan Siar Alcohol Profile

October 2023

There are **105 places to buy alcohol** in Na h-Eileanan Siar:

**67 on-sales premises**  
(pubs and restaurants)



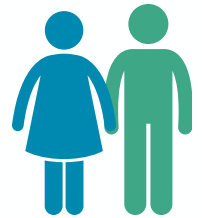
**38 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In Na h-Eileanan Siar, **16% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **11% of women** and **20% of men**.

This compares to **23% of people** in Scotland who drink above the guidelines.



*Scottish Health Survey.*



Parental drinking was a concern identified for **55% of children** on the child protection register in Na h-Eileanan Siar.

*Children's Social Work Statistics 2021-22.*

**34% of 13-year-olds** and **63% of 15-year-olds** in Na h-Eileanan Siar have drunk alcohol.

Of those who have ever drunk alcohol, **60% of 15-year-olds** have been drunk.\*

\*data for 13-year-olds unavailable due to small sample size.

*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*



There were **288 alcohol-related hospital admissions** in Na h-Eileanan Siar in 2021-22.

*Alcohol related hospital statistics 2021-22.*

The admission rate was lower than for Scotland as a whole.

*ScotPho Profiles.*



In Na h-Eileanan Siar, **16 people** died because of alcohol in 2022, from conditions solely caused by alcohol.

The death rate was higher than Scotland as a whole.

*Alcohol-specific deaths 2022.*



The **true number** of alcohol deaths is **over 3 times as high** when including conditions such as cancer and cardiovascular diseases.

*NHS Health Scotland.*

Every year, alcohol costs Na h-Eileanan Siar **£9.94m** or **£379 per person**.

This includes:

Health service	£1.21m
Social care	£1.58m
Crime	£3.18m
Productive capacity	£3.97m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles](http://www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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