West Lothian Alcohol Profile



October 2023

There are 371 places to buy alcohol in West Lothian:

211 on-sales premises (pubs and restaurants)





160 off-sales premises (supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In West Lothian, 21% of people drink above the Chief Medical Officers' low-risk guidelines.

This includes 14% of women and 28% of men.

This compares to 23% of people in Scotland who drink above the guidelines.





Parental drinking was a concern identified for 17% of children on the child protection register in West Lothian.

Children's Social Work Statistics 2021-22.

36% of 13-year-olds and 65% of 15-year-olds in West Lothian have drunk alcohol.

Of those who have ever drunk alcohol, 55% of 13-year-olds and 71% of 15-year-olds

have been drunk.

Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.

There were 981 alcohol-related hospital admissions in West Lothian in 2021-22.

Alcohol related hospital statistics 2021-22.

The admission rate was lower than for Scotland as a whole.





In West Lothian, 24 people died because of alcohol in 2022, from conditions solely caused by alcohol.

The death rate was similar to Scotland as a whole.



Alcohol-specific deaths 2022.

The true number of alcohol deaths is over 3 times as high when including conditions such as cancer and cardiovascular diseases.

NHS Health Scotland.

Every year, alcohol costs West Lothian £60.15m or £349 per person.

This includes:

Health service	£8.45m
Social care	£7.48m
Crime	£23.65m
Productive capacity	£20.57m

The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/alcohol-information/local-alcohol-profiles

About Alcohol Focus Scotland