

Aberdeenshire Alcohol Profile

March 2026

There are **531** places to buy alcohol in Aberdeenshire:

370 on-sales premises
(pubs and restaurants)

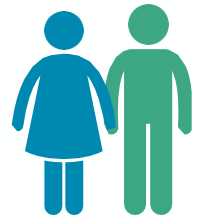


161 off-sales premises
(supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Aberdeenshire, **19%** of people drink above the Chief Medical Officers' low-risk guidelines.

This includes **14%** of women and **25%** of men.



This compares to **20%** of people in Scotland who drink above the guidelines.

Scottish Health Survey.



Parental drinking was a concern identified for **19%** of children on the child protection register in Aberdeenshire.

Children's Social Work Statistics 2022-23.

42% of 13-year-olds and **77%** of 15-year-olds in Aberdeenshire have drunk alcohol.

Of those who have ever drunk alcohol, **44%** of 13-year-olds and **67%** of 15-year-olds have been drunk.



Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.

There were **531** alcohol-related hospital admissions in Aberdeenshire in 2024-25.

PHS Alcohol related hospital statistics 2024-25.

The admission rate was lower than for Scotland as a whole.

PHS Alcohol related hospital statistics 2024-25.

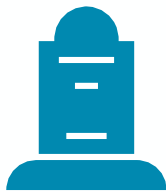


In Aberdeenshire, **33** people died because of alcohol in 2024, from conditions solely caused by alcohol.

Alcohol-specific deaths 2024 (NRS, 2025).

The death rate was lower than for Scotland as a whole.

Alcohol-specific deaths 2024 (NRS, 2025).



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

Every year, alcohol costs Aberdeenshire **£64.31m** or **£262** per person.

This includes:

Health Service	£7.28m
Social Care	£9.54m
Crime	£24.60m
Productive Capacity	£22.89m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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