Dumfries & Galloway Alcohol Profile



September 2025

There are 610 places to buy alcohol in Dumfries & Galloway:

456 on-sales premises (pubs and restaurants)





154 off-sales premises (supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Dumfries & Galloway, 25% of people drink above the Chief Medical Officers' low-risk guidelines.

This includes 12% of women and 37% of men.

This compares to 20% of people in Scotland who drink above the guidelines.



Scottish Health Survey.



Parental drinking was a concern identified for 15% of children on the child protection register in Dumfries & Galloway.

Children's Social Work Statistics 2022-23.

58% of S2 and S4 students in Dumfries & Galloway drink alcohol.

28% of S2 and S4 students in Dumfries & Galloway drink alcohol at least once a month.

Health and Wellbeing Census Scotland 2021- 2022.

There were 708 alcohol-related hospital admissions in Dumfries & Galloway in 2022-23.

Alcohol related hospital statistics 2022-23.

The admission rate was lower than for Scotland as a whole.



ScotPho Profiles.

In Dumfries & Galloway, 25 people died because of alcohol in 2024, from conditions solely caused by alcohol.

Alcohol-specific deaths 2024 (NRS, 2025)

The death rate was lower than for Scotland as a whole.



Alcohol-specific deaths 2024 (NRS, 2025).

The true number of alcohol deaths is over twice as high when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

Every year, alcohol costs Dumfries & Galloway £44.87m or £303 per person.

This includes:

Health Service	£7.33m
Social Care	£7.09m
Crime	£13.92m
Productive Capacity	£16.52m

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The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland