

Dumfries & Galloway Alcohol Profile

March 2026

There are **610 places to buy alcohol** in Dumfries & Galloway:

456 on-sales premises
(pubs and restaurants)

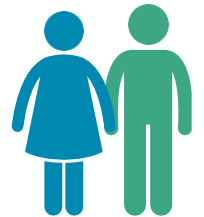


154 off-sales premises
(supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Dumfries & Galloway, **25% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **12% of women** and **37% of men**.



This compares to **20% of people** in Scotland who drink above the guidelines.

Scottish Health Survey.



Parental drinking was a concern identified for **15% of children** on the child protection register in Dumfries & Galloway.

Children's Social Work Statistics 2022-23.

58% of S2 and S4 students in Dumfries & Galloway drink alcohol.

28% of S2 and S4 students in Dumfries & Galloway drink alcohol at least once a month.



Health and Wellbeing Census Scotland 2021- 2022.

There were **708 alcohol-related hospital admissions** in Dumfries & Galloway in 2024-25.

PHS Alcohol related hospital statistics 2024-25.

The admission rate was lower than for Scotland as a whole.

PHS Alcohol related hospital statistics 2024-25.

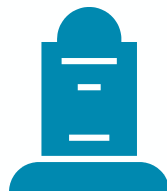


In Dumfries & Galloway, **25 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

Alcohol-specific deaths 2024 (NRS, 2025)

The death rate was lower than for Scotland as a whole.

Alcohol-specific deaths 2024 (NRS, 2025).



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

Every year, alcohol costs Dumfries & Galloway **£44.87m** or **£303 per person**.

This includes:

Health Service	£7.33m
Social Care	£7.09m
Crime	£13.92m
Productive Capacity	£16.52m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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