

# East Dunbartonshire Alcohol Profile

September 2025

There are **186 places to buy alcohol** in East Dunbartonshire:

**119 on-sales premises**  
(pubs and restaurants)



**67 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In East Dunbartonshire, **24% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **17% of women** and **32% of men**.



This compares to **20% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*



Parental drinking was a concern identified for **29% of children** on the child protection register in East Dunbartonshire.

*Children's Social Work Statistics 2022-23.*

**25% of 13-year-olds** and **70% of 15-year-olds** in East Dunbartonshire have drunk alcohol.

Of those who have ever drunk alcohol, **44% of 13-year-olds** and **75% of 15-year-olds** have been drunk.



*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*

There were **435 alcohol-related hospital admissions** in East Dunbartonshire in 2022-23.

*Alcohol related hospital statistics 2022-23.*

The admission rate was lower than for Scotland as a whole.

*ScotPho Profiles.*



In East Dunbartonshire, **11 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

*Alcohol-specific deaths 2024 (NRS, 2025).*

The death rate was lower than Scotland as a whole.

*Alcohol-specific deaths 2024 (NRS, 2025).*



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

*Public Health Scotland.*

Every year, alcohol costs East Dunbartonshire **£25.50m** or **£244 per person**.

This includes:

Health Service	£3.66m
Social Care	£3.19m
Crime	£7.84m
Productive Capacity	£10.82m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/harm-profiles/](http://www.alcohol-focus-scotland.org.uk/harm-profiles/)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

Alcohol Focus Scotland is a Registered Scottish Charity (SC009538) and a Company Limited by Guarantee (Scottish Company No. SC094096)