

Midlothian

Alcohol Profile

There are **223 places** to buy alcohol in Midlothian:

132 on-sales premises
(pubs and restaurants)

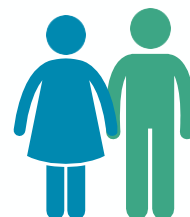


91 off-sales premises
(supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Midlothian, **19%** of people drink above the Chief Medical Officers' low-risk guidelines.

This includes **13%** of women and **26%** of men.



This compares to **20%** of people in Scotland who drink above the guidelines.

Scottish Health Survey.



Parental drinking was a concern identified for **16%** of children on the child protection register in Midlothian.

Children's Social Work Statistics 2022-23.

There were **312 alcohol-related hospital admissions** in Midlothian in 2022-23.

Alcohol related hospital statistics 2022-23.

The admission rate was lower than for Scotland as a whole.

ScotPho Profiles.



In Midlothian, **20 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

Alcohol-specific deaths 2024 (NRS, 2025).

The death rate was lower than Scotland as a whole.

Alcohol-specific deaths 2024 (NRS, 2025).



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

49% of 13-year-olds and **75%** of 15-year-olds in Midlothian have drunk alcohol.

Of those who have ever drunk alcohol, **42%** of 13-year-olds and **64%** of 15-year-olds have been drunk.



Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.

Every year, alcohol costs Midlothian **£27.14m** or **£335** per person.

This includes:

Health Service	£3.44m
Social Care	£4.84m
Crime	£10.57m
Productive Capacity	£8.28m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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