

# Midlothian Alcohol Profile

March 2026

There are **223 places to buy alcohol in Midlothian:**

**132 on-sales premises**  
(pubs and restaurants)

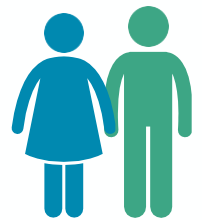


**91 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In Midlothian, **19% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **13% of women** and **26% of men.**



This compares to **20% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*



Parental drinking was a concern identified for **16% of children** on the child protection register in Midlothian.

*Children's Social Work Statistics 2022-23.*

**49% of 13-year-olds** and **75% of 15-year-olds** in Midlothian have drunk alcohol.

Of those who have ever drunk alcohol, **42% of 13-year-olds** and **64% of 15-year-olds** have been drunk.



*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*

There were **330 alcohol-related hospital admissions** in Midlothian in 2024-25.

*Alcohol related hospital statistics 2024-25.*

The admission rate was lower than for Scotland as a whole.

*Alcohol related hospital statistics 2024-25.*



In Midlothian, **20 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

*Alcohol-specific deaths 2024 (NRS, 2025).*

The death rate was lower than Scotland as a whole.

*Alcohol-specific deaths 2024 (NRS, 2025).*



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

*Public Health Scotland.*

Every year, alcohol costs Midlothian **£27.14m or £335 per person.**

This includes:

Health Service	£3.44m
Social Care	£4.84m
Crime	£10.57m
Productive Capacity	£8.28m



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/harm-profiles/](http://www.alcohol-focus-scotland.org.uk/harm-profiles/)

## About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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