

Na h-Eileanan Siar Alcohol Profile

March 2026

There are **105 places to buy alcohol** in Na h-Eileanan Siar:

67 on-sales premises
(pubs and restaurants)



38 off-sales premises
(supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In Na h-Eileanan Siar, **16% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **12% of women** and **22% of men**.



This compares to **20% of people** in Scotland who drink above the guidelines.

Scottish Health Survey.

There were **285 alcohol-related hospital admissions** in Na h-Eileanan Siar in 2024-25.

Alcohol related hospital statistics 2024-25.

The admission rate was higher than for Scotland as a whole.

Alcohol related hospital statistics 2024-25.



34% of 13-year-olds and **63% of 15-year-olds** in Na h-Eileanan Siar have drunk alcohol.

Of those who have ever drunk alcohol, **60% of 15-year-olds** have been drunk.*

*data for 13-year-olds unavailable due to small sample size.

Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.



Every year, alcohol costs Na h-Eileanan Siar **£9.94m or £379 per person**.

This includes:

Health Service	£1.21m
Social Care	£1.58m
Crime	£3.18m
Productive Capacity	£3.97m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

In Na h-Eileanan Siar, **6 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

Alcohol-specific deaths 2024 (NRS, 2025).

The death rate was higher than Scotland as a whole.

Alcohol-specific deaths 2024 (NRS, 2025).



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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