

# West Dunbartonshire

## Alcohol Profile

March 2026

There are **230 places to buy alcohol** in West Dunbartonshire:

**140 on-sales premises**  
(pubs and restaurants)

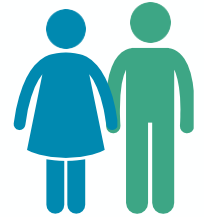


**90 off-sales premises**  
(supermarkets and shops)

*Scottish Liquor Licensing Statistics 2021-22.*

In West Dunbartonshire, **20% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **16% of women** and **25% of men**.



This compares to **20% of people** in Scotland who drink above the guidelines.

*Scottish Health Survey.*



Parental drinking was a concern identified for **14% of children** on the child protection register in West Dunbartonshire.

*Children's Social Work Statistics 2022-23.*

**32% of 13-year-olds** and **69% of 15-year-olds** in West Dunbartonshire have drunk alcohol.

Of those who have ever drunk alcohol, **72% of 13-year-olds** and **71% of 15-year-olds** have been drunk.



*Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.*

There were **738 alcohol-related hospital admissions** in West Dunbartonshire in 2024-25.

*Alcohol related hospital statistics 2024-25.*

The admission rate was higher than for Scotland as a whole.

*Alcohol related hospital statistics 2024-25.*



In West Dunbartonshire, **28 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

*Alcohol-specific deaths 2024 (NRS, 2025).*

The death rate was higher than Scotland as a whole.

*Alcohol-specific deaths 2024 (NRS, 2025).*



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

*Public Health Scotland.*

Every year, alcohol costs West Dunbartonshire **£40.65m** or **£449 per person**.

This includes:

|                     |         |
|---------------------|---------|
| Health Service      | £6.60m  |
| Social Care         | £5.42m  |
| Crime               | £15.53m |
| Productive Capacity | £13.10m |



*The Societal Cost of Alcohol Misuse in Scotland for 2007.*

For full references and methods, visit [www.alcohol-focus-scotland.org.uk/harm-profiles/](http://www.alcohol-focus-scotland.org.uk/harm-profiles/)

### About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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