

West Lothian Alcohol Profile

March 2026

There are **371 places to buy alcohol** in West Lothian:

211 on-sales premises
(pubs and restaurants)



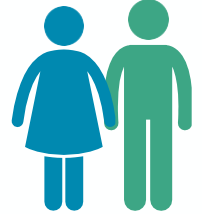
160 off-sales premises
(supermarkets and shops)

Scottish Liquor Licensing Statistics 2021-22.

In West Lothian, **15% of people** drink above the Chief Medical Officers' low-risk guidelines.

This includes **9% of women** and **21% of men**.

This compares to **20% of people** in Scotland who drink above the guidelines.



Scottish Health Survey.



Parental drinking was a concern identified for **12% of children** on the child protection register in West Lothian.

Children's Social Work Statistics 2022-23.

There were **789 alcohol-related hospital admissions** in West Lothian in 2024-25.

Alcohol related hospital statistics 2024-25.

The admission rate was lower than for Scotland as a whole.

Alcohol related hospital statistics 2024-25



In West Lothian, **41 people** died because of alcohol in 2024, from conditions solely caused by alcohol.

Alcohol-specific deaths 2024 (NRS, 2025).

The death rate was lower than Scotland as a whole.

Alcohol-specific deaths 2024 (NRS, 2025).



The **true number** of alcohol deaths is **over twice as high** when including conditions such as cancer and cardiovascular diseases.

Public Health Scotland.

36% of 13-year-olds and **65% of 15-year-olds** in West Lothian have drunk alcohol.

Of those who have ever drunk alcohol, **55% of 13-year-olds** and **71% of 15-year-olds** have been drunk.

Scottish Schools Adolescent Lifestyle and Substance Use Survey 2018.



Every year, alcohol costs West Lothian **£60.15m** or **£349 per person**.

This includes:

Health Service	£8.45m
Social Care	£7.48m
Crime	£23.65m
Productive Capacity	£20.57m



The Societal Cost of Alcohol Misuse in Scotland for 2007.

For full references and methods, visit www.alcohol-focus-scotland.org.uk/harm-profiles/

About Alcohol Focus Scotland

Alcohol Focus Scotland (AFS) is the national charity working to prevent and reduce alcohol harm.

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